REFLECTIONS

A monthly source of information for beneficiaries of the Adventist Retirement Plan

Strength! Courage! Happy New Year!



On the first day of a new year many of us wish each other "Happy New Year!" Some of us head into 2019 excited by the possibilities of a fresh start, new experiences and goals to accomplish. Some are

glad the past year is...well...past. Others expect to face challenges in the coming months and could use some encouragement. We can find reassurance in the book of Joshua. As Joshua prepares to lead God's people into the promised land, God tells him, "I will be with you. I will not fail you. I will not leave you" (Joshua 1:5).

When I become weary of all the bad news on TV, the radio and the internet, I take a few minutes to seek out the good news. There's the story of Luke Mickelson, who discovered that kids were sleeping on the floor in his Twin Falls, Idaho, community. He and his family began building bunk beds in their garage to help. He got so busy,

he gave up a thriving career to start a nonprofit that now has 65 chapters and has supplied more than 1,500 free bunkbeds to kids in need across America.

On November 8 last year, nurse Allyn Pierce arrived to work at Adventist Health Feather River Hospital and began shuttling patients and coworkers from the deadly Camp Fire in Paradise, California. He played music on the stereo to calm his passengers as they made their way through the flames. Worried he might not survive, he recorded a message for his family. Pierce said that out of nowhere, a bulldozer appeared and cleared a path so they could reach safety. Later, he posted photos of his fire-damaged Toyota Tundra pickup truck on social media and Toyota offered to replace it with a brand-new truck.

We don't know what the future holds, or what challenges will come our way, but we know that we won't face them alone. Joshua 1:9 says, "Strength! Courage! Don't be timid; don't get discouraged. God, your God, is with you every step you take" (The Message). With that in mind, I wish you a happy new year!

-Raymond Jimenez, Administrator

Payroll Bulletin Board

Checks/EFT Released

THIS MONTH: January 25
NEXT MONTH: February 27

SHARP Corner 2018 Healthcare Claims

Start planning now! The deadline to submit all healthcare claims that have a 2018 date of service is April 30, 2019. If you do not have a computer to log in and submit your claims, remember to call YSA at 1-844-360-4714 for a claim form and to get answers to any questions.

The SHARP plan provides catastrophic drug financial support to retirees through a special HRA (Health Reimbursement Account). The Catastrophic HRA provides a retiree enrolled in a Medicare Part D Drug plan through Aon Retiree Health Exchange additional money to help offset catastrophic level drug costs. To

verify if you qualify for this extra help, check your Medicare Prescription Drug Summary sent to you from your drug plan. If the 2018 Part D out-of-pocket maximum (\$5,000) has been reached, contact YSA at 1-844-360-4714 to take advantage of this additional financial support.

REMEMBER! You must request a Catastrophic HRA claim form before April 30, 2019.



REFLECTIONS

Benefits questions and reporting a death

When you call our office regarding your benefits or to report the death of a retiree or retiree's spouse, you will want to speak with the processor assigned to you based on the first letter of your last name. Here are the names of our processors and their phone numbers with corresponding alphabet assignments. We're here to help!

A, B

Anastasiya Kannanaikkel 1-443-391-7323

C, D, E

Jean Sloane 1-443-391-7315

F, G, H, I

C.J. Isaac 1-443-391-7316

J, K, L

Shirley Jones 1-443-391-7317

M, N, O, P

Sharon Kuykendall 1-443-391-7318

Q, **R**, **S**

Joyce Macatiag 1-443-391-7319

T-Z

Karin Dortch 1-443-391-7321

Adventist Retirement Plan

www.adventistretirement.org

Raymond Jimenez, III *Administrator*

Lvn Wick

Associate Administrator Defined Benefit Plans

Lisa Turpen

Associate Administrator Healthcare Plans

Beth Roberts

Associate Administrator
Defined Contribution Plans

Edwin Romero

Associate Administrator Chief Financial Officer

Lisa Sharpe

SHARP Manager

Samantha Young

Editor, Communications Manager

Adventist Retirement

Reporting a death, change of address, disability reviews

Phone: 443-391-7300, Fax: 443-259-4880 Email: NADRetirement@nadadventist.org

9705 Patuxent Woods Drive, Columbia, MD 21046

Aon Retiree Health Exchange: 1-844-360-4714

SHARP: 443-391-7338

Email: SHARP@nadadventist.org Healthcare Eligibility Queries

Submit DVH claims to: Adventist

Risk Management SHARP, PO Box 1928, Grapevine, TX 76099-1928

1-800-447-5002

Payroll: 443-391-7343

Bulletin Board of Payroll Information

Barbara McLaughlin: 443-391-7345

Lost checks, direct deposits, 1099R, tax withholding, verification of benefits for loans, housing, Medicaid



AdventistRetirement

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Be Connected...

Want to keep up with Adventist news? Here are several online sources of news. Some organizations have a weekly email newsletter you may enjoy. Many local conferences also have weekly or monthly newsletters (too many to list in this space) and you can usually subscribe on the conference's website. Organizations are also active on social media sites such as Facebook, Twitter, Instagram, Vimeo and YouTube.

NAD *NewsPoints*—weekly news from across the North American Division nadadventist.org (scroll down on homepage to subscribe)

ANN Bulletin (Adventist News Network) news.adventist.org

Atlantic Union Conference

Gleaner atlantic-union.org/gleaner-online/

Canadian Union

Messenger adventistmessenger.ca

Columbia Union Conference

Visitor News Bulletin weekly columbiaunionvisitor.com/vnb

Lake Union Conference

lakeunion.org/union-news

Mid-America Union Conference

MyOutlook Weekly outlookmag.org/tag/mid-america-union (scroll to the bottom to subscribe)

North Pacific Union Conference

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Pacific Union Conference

All God's People puconline.org/agp

Southern Union Conference

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Record swurecord.org