

Reflections

A Brand New Website for You!

Our new website makes it quicker and easier to get answers to your questions, find forms, download back issues of *Reflections*, and connect with us in the Retirement Office. You'll use the same URL as before to get there: www.adventistretirement.org.

Here's what some of our users had to say about their first visit to the site:

"Beautiful! Easy to navigate, found what I was looking for, etc. Nicely done!"

"This is impressive. "I went through lots of sections, and it was clearly marked and easy to understand. Great update."

"While the website needed a style refresh, our primary goal was to add a robust search engine to help retired workers, current employees and the human resource professionals at our institutions find resources quickly and easily," said Edwin Romero, Adventist Retirement administrator. "Our team is committed to providing stand-out customer service, and the new website offers an enhanced user experience."

You'll find relevant topics under the **Retiree** tab. Often faster than a phone call, here are just a few

(continued)

PAYROLL BULLETIN BOARD

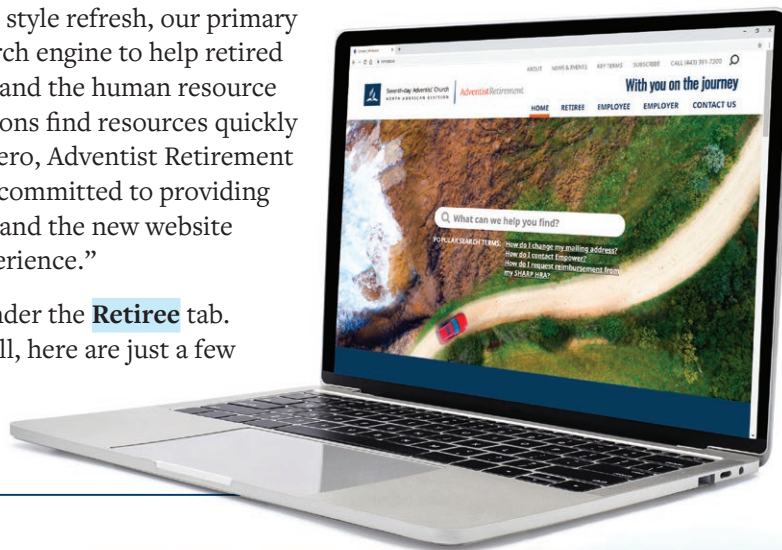
*Checks/EFT
Released*

THIS MONTH:

April 27

NEXT MONTH:

May 26



The website is constantly being updated—your suggestions, feedback and wishlist items are welcomed

things you can do on the site, 24 hours a day at your convenience:

- Download tax forms and healthcare claim forms
- Learn how Parsonage Allowance works
- Report a death
- Submit your change of address
- Watch webinars and videos about healthcare and Medicare
- Find answers to your questions
- Contact us via email

The website is constantly being updated, says software manager Kristina Dahabura, who spearheaded the project. Suggestions and feedback are welcomed, and if there is a resource don't find on the site that would be helpful to you, please let us know. ■



Oven-roasted Cabbage Steaks

1 head green cabbage
(remove dark, loose outer leaves), stem trimmed flat
¼ cup extra virgin olive oil
2 cloves garlic, minced
1 teaspoon kosher salt

**OPTIONAL,
BUT YUMMY:**
⅓ cup pecan halves,
toasted*
1 lemon, halved
Fresh parsley,
chopped

- » Preheat oven to 425°F. Generously coat a baking sheet with nonstick cooking spray.
- » On a cutting board, place the cabbage stem end down. Cut top to bottom into 3/4- to 1-inch-thick “steaks.” Transfer to baking sheet.
- » In a small bowl, whisk together olive oil and garlic. Brush on one side of cabbage steaks, sprinkle with salt, then carefully flip over and repeat oil and salt.
- » Roast 20–30 minutes, until crispy at the edges and tender in the center. Check often during the last few minutes of baking. The crispy, dark leaves are the tastiest part!
- » If desired, sprinkle roasted cabbage with fresh parsley. Squeeze lemon over the top, then garnish with toasted pecans. Serve immediately. ■

SHARP Corner

(Supplemental Healthcare
Adventist Retirement Plan)

Your Responsibility to Report Family Changes

Since SHARP may be unaware of family changes that might affect you and your family members' eligibility for the Plan or the proper administration of the Plan, **it is your responsibility to report changes in eligibility of general family or other status to SHARP within 30 days of the change.** Failure to do so may hamper SHARP's ability to effectively administer benefits under the Plan.

Examples of the types of changes that you must report:

- marital status changes such as divorce
- return to full time employment
- disability status
- loss of disability status of a dependent child
- children turning age 26
- change in address/telephone number
- eligibility for Medicaid or SCHIP premium assistance

It is considered fraud if you fail to report events that result in an individual's ceasing to be eligible for the Plan. If you were erroneously paid benefits for an ineligible family member (such as a child who lost eligibility for the Plan) call 443-391-7338 to arrange repayment. ■

***To toast pecans:** Spread onto a small, ungreased baking sheet. Place in the oven with the cabbage for 4–6 minutes, until fragrant. Watch carefully that they do not burn. Remove from oven, allow to cool, then chop.

SHARP Corner

April 30, 2023, is the deadline to submit claims to Your Spending Account (YSA) for the expenses incurred in 2022.

YSA must receive your reimbursement requests before April 30.

Any claims received for 2022 after April 30 will automatically be denied. This deadline also applies for the Catastrophic HRA benefit. ■

HELPFUL RESOURCES AND VIDEOS

<https://www.adventistretirement.org/retiree/sharp>

WEBINARS & VIDEOS

Alight and YSA have put together a brief video called “[Access and Manage Your HRA](#).” It’s the second item in this section.

ALIGHT PLAN INFORMATION

In this section you’ll find items such as “[Understanding your Adventist Retirement Health Reimbursement Account](#),” an [HRA reimbursement list](#) and a guide to using the [YSA Mobile app](#). ■

Alight has a new website design!

Email SHARP@NADAdventist.org to request a Reference Guide for navigating the new site. ■

While the SHARP team does not have access to your account and cannot see the screen when you log in, we are happy to help you with any questions you may have. You can also reach out to YSA directly by calling 844-360-4714 for assistance.

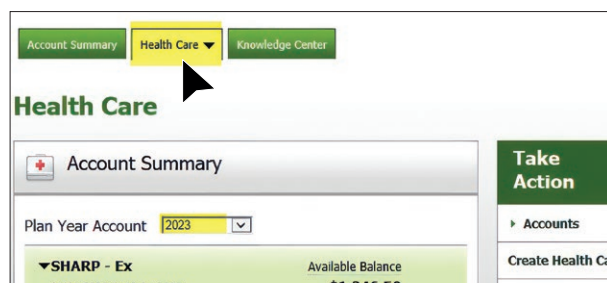
A QUICK GUIDE TO ACCESSING YOUR HEALTH REIMBURSEMENT ACCOUNT (HRA) ON THE ALIGHT WEBSITE

- 1 Visit retiree.alight.com/adventistretirement;
- 2 Log into your account using your username and password;
- 3 click on the HRA tab on the right-hand side of your screen.
- 4 Click on the blue oval that says “Manage My HRA” at the bottom of the **Manage My Adventist Retirement HRA** section.

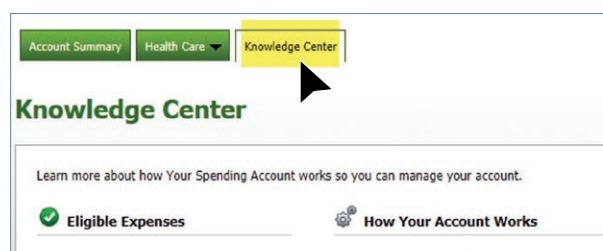
Under the **Account Summary** tab, you can see prior years’ balances as well as the current year available balance. You can also see recent activity.



Under the **Health Care** tab you’ll find your available balance.



The **Knowledge Center** tab is full of information from what are eligible expenses to how the account works, or how the Catastrophic HRA plan works.



AdventistRetirement

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*Reporting a death, change of address,
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Submit DVH claims to:
Adventist Risk Management
SHARP, PO Box 1928,
Grapevine, TX 76099-1928
Ph.: 1-800-447-5002

Payroll Bulletin Board:
Ph.: 443-391-7343

General payroll information:
*Lost checks, tax withholding, direct deposit,
award letters for housing, loans, Medicaid*
Ph.: 443-391-7345 or 443-391-7344

GO PAPERLESS!

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retiree/newsletter/](http://www.adventistretirement.org/retiree/newsletter/)

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