

# Reflections

2005 May Issue

A newsletter for beneficiaries of the NAD Retirement Plans of the SDA church.

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## Let's Celebrate

Marilyn Pazitka ~ Director, Canadian Retirement Plans

There are so many unhappy experiences occurring in the world today. Not a day goes by without the news telling us stories about devastation, loss of life, sickness and sorrow. Just a few weeks ago in Toronto, a distraught father threw his five year old daughter from an overpass into oncoming traffic. Who can bear to hear such news? Miraculously, the little girl survived.

Some days I choose not to listen to the news at all. I am tired of hearing about so much misery. Instead I want to focus on what is good in the world. I want to celebrate the good and ignore the bad. I figure I can indulge myself in this exercise every once in awhile.

What can I celebrate or be happy for? Sitting at my kitchen table a few days ago looking out the window, I saw my first robin of the season. I made sure everyone in my family came to the window to see this bird sitting on our lawn. At that moment I celebrated spring and the beginning of new life for the season.

I took the opportunity to walk through a greenhouse recently. Winter has been just a bit too long this year. I needed a boost. As I stepped through the doors, it was like walking into a summer garden. The plants were displayed in all their glorious colours and beauty and the fragrance of the flowers permeated the air. At that moment I celebrated creation and yearned for the opportunity to work in my own garden.

My sister and my daughter have a cute habit of greeting each new month. Each one tries to beat the other in calling up on the morning of the new month and proclaim into the phone, "Rabbit, Rabbit!" Time and effort is spent in thinking up unique ways to be the first caller. It is a fun way to celebrate the beginning

of each new month and the bond they share as family.

My daughter recently went on a mission trip with her school. A web sight was set up so that parents could keep updated on what was happening with their children on location. Each day my husband and I looked at the pictures of the students and the comments that they had written about their experience that day. Each day that our daughter was gone we could celebrate with her the joy of service that she was experiencing.

Our daughter had the opportunity to email us and she told us of the Sabbath that they had spent at the school they were working at. She felt she had experienced the best Sabbath of her life. At that moment I celebrated her love for the Lord and the blessings of the Sabbath day.

In just a few short weeks my son will be graduating from college. Four years have flown by so quickly that it is hard to comprehend how fast they have passed. As I think over his four years away from home and how he has grown spiritually and academically, I celebrate Christian education and am thankful that our church provides such fine institutions for our young people.

These celebrations are really only simple pleasures in life but nonetheless something that I treasure and need in order to continue in a world that seems desperately out of control. I can celebrate life because I know I have a loving Father that has provided all things great and small for me.

*"I will remember the works of the Lord: surely I will remember the works of old. I will meditate also of all thy work, and talk of thy doings." Psalm 77:11, 12.*

❧ **Bulletin Board/May, 2005** ❧

**If you don't read anything else -  
Read and keep these items!**

**Checks/EFT Release schedule for 2005: May 27**

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**NEW BENEFICIARIES,**  
**1st Quarter, 2005: [Dis-**  
**claimer: Not all new**  
**beneficiaries under the**  
**Hospital Plan are neces-**  
**sarily retirees]**

Adair, Cher-ie C.	Brown, Alfredia
Ahn, Chun Soo	Carlson, Karen E.
Armstrong, Barbara A.	Carter, John J
Aviles, Juan	Chesnut, Rose M.
Batiller, Sonia M.	Childs, Duane A.
Beatty, Deanna L	Chobotar, Ruth
Berk, Daniel W.	Cobb, Sharon E.
Blue, Betty	Crawl, Margie L.
Bohannon, Jack Bruce	Dancek, Sandra L.
	Daniel, Lois
	De La Fuente, Roberto
	Dent, Robert
	DeRosa, Margaret F.
	Deshommes, Pierre C.
	Dettlaff, Lila M.
	Dettlaff, Paul D

Dininy, Lewis D.	Mohr, Everett L.
Domen, Christino M.	Molina, David R.
Dowlen, Jeanine Crofton	Montana, Carlos Alberto
Edgecombe, Lawrence	Moore, Charlotte M.
Erickson, Colin A.	Moore, Lois R.
Essex, Anna Marie	Moore, Marvin L.
Essex, Robert L	Murphy, Carol F.
Fernandez, Atilio Daniel	Norcott, W. Francis
Fialho, Edward Joseph	Orange, Patricia A.
Flynn, Howard	Osterman, Beverly A.
Gac, Olivia E.	Pandian, J.S. Paul
Gaden, Keith R.	Paulson, Carol J.
Gildersleeve, Wilfred M	Pierce, Shirley Jean
Grandstaff, Joann J.	Preston, Eugene H.
Grant, Lorenzo H.	Pumphrey, Ruth M
Grice, Rebecca J.	Reeves, Carol J.
Groves, Ellen Mae	Rickard, Clinton L.
Hart, Denzil F.	Roberts, Diane L.
Haskins, Joyce V.	Robins, Richard L.
Heid, Norma	Robinson, Edenis
Hiebert, Charlotte H.	Rodenburg, Margaret L.
Hodges, Clarence E	Rose, Mary K.
Hollis, Raymond	Rowe, Lois Votaw
Hulick, Dulcinea	Samms, Robert O.
Huston, Edwin L.	Sapigao, Elizabeth
Ines, Beatrice	Savage, Warren H.
Jackson, Margaret F.	Sbacchi, Margareta
Jensen, Elizabeth Ann	Schenck, Margaret M.
Johnson, Barbara J.	Schilt, Dianna F.
Johnson, Helen I.	Schmitz, Darlene M.
Jones, Zola Joan	Scott, Louisa J.
Keller, Ernest	Selivanoff, George A.
Knapp, Daniel D.	Shepherd, Nellie M.
Kovalski, Sandra C.	Sherman, Jack L.
Krall, Jack	Sherman, Lois J.
Kwan, Clare K.	Shultz, Rose Iris
Loganbill, Esther Lily	Silva, Jose I.
Lubega, Seth Gasuza	Small, Mary L.
Mackey, Edna Lavelle	Smith, Calvin L.
Madden, Jerry J.	Smith, Corine G.
Maisano, Anne F.	Snell, James Howard
Marcarian, George	Song, Kil J.
Matkovics, Anne R.	Sorrells, Mary
McClure, Warner M.	Spohnholtz, Patricia L.
McConnell, Patricia N.	Staubert, Margarete
McCoy, Marian I.	Stenbakken, Ardis D.
Mehner, Gunter H.	Stevens, Beulah F.
Metzger, James I.	Stevens, Dorothy
Miller, Vera Z. A.	Stevens, Jerry A.

Send comments and suggestions to: Sharon Kuykendall, Editor,  
*Reflections*, 12501 Old Columbia Pike, Silver Spring, MD 20904-  
6600; Email: [sharon.kuykendall@nad.adventist.org](mailto:sharon.kuykendall@nad.adventist.org)

Website: <http://www.nadadventist.org/ret>

ARM 1-800-447-5002 - Healthcare Claims Queries

ARM Email address: [RetireeHealth@adventistrisk.org](mailto:RetireeHealth@adventistrisk.org)

Submit medical claims: ARM, PO Box 4088, Silver Spring, MD  
20914

Medco Health 1-800-841-5396 - Verify pharmacy participation  
with Medco Health

Jack Harris 503-255-8565, President, NAD Retirees  
Association— 15530 NE Knott #48,  
Portland, OR 97230  
Email: [Hjackharris@cs.com](mailto:Hjackharris@cs.com)

Payroll 1-888-838-8955, Bulletin Board of **Payroll**  
Information

Fax 301-680-6190, Retirement Fax Number

Phone: (301) 680—

Barbara Yowell 6244 - Lost checks, direct deposits, 1099R, Tax  
Withholding, Change of Address, Verification of  
Benefits for loans, housing, Medicaid  
Payroll Email: [Payroll@nad.adventist.org](mailto:Payroll@nad.adventist.org)

Dolores Allen 6249 - General Retirement Office Information

Chris Meier 6192 - Reporting a Death, Disability Reviews

Diane Jacobson 6289 - Tuition Assistance for Children

Joyce Macatiag 6269 - Healthcare Eligibility Queries

- Straszewski, Lois Ann  
 Sylva, Esther  
 Tanguay, Beverly J.  
 Thacker, Robert W.  
 Tomlin, Robert F.  
 Vandulek, Barbara J.  
 Versteeg, Dorothy  
 Versteeg, Lyle N.  
 Vinglas, Martha Edith  
 Washington, Eula  
 Whitman, Darwin  
 Wiedermann, Rafael  
 Wilber, David Thomas  
 Wilde, Martha S.  
 Windels, Janet D.  
 Wright, Ruth  
 Zurek, James
- RECENTLY DE-  
CEASED, 1st Quarter,  
2005:**
- Ackerman, Bernice P. - 79  
 Allen, Alice Mae - 91  
 Amador, Dolores - 89  
 Anaya, Sammy B. - 73  
 Anderson, Charlene G. - 68  
 Anderson, Mable Iva - 86  
 Antiquera, Jose - 78  
 Aussner, Rudolf Roderich - 79  
 Bachman, Genevieve - 85  
 Baerg, Ida M. - 82  
 Bair, Jr., Robert H. - 64  
 Basaez, Jorge O. - 81  
 Basconcillo, Catalino M. - 88  
 Basconcillo, Primitiva  
 Becker, C. Warren - 81  
 Becker, Elmer Leroy - 94  
 Becker, Neal W. - 85  
 Beitz, Michael S. - 102  
 Boling, Howard M. V. - 74  
 Bond, Linford L. - 88  
 Brown, Dorothy R. - 81  
 Buckley, Sylvia - 74  
 Carballo, Roberto - 83  
 Carethers, Avis - 94  
 Chaffee, Paulina M. - 93  
 Chaney, Ralph H. - 77
- Connel, Nollie Norman - 79  
 Cook, Enid E. - 67  
 Cooper, Virginia A. - 80  
 Cox, Myrtle M. - 86  
 Cummings, Desmond - 82  
 Danforth, Gloria Lee - 81  
 Davis, Curtis M. - 73  
 Davis, Martin R. - 79  
 Deverell, James L. - 82  
 Dill, Jerry Page - 77  
 Dutton, Juanita M. - 77  
 Ehlers, Judith E. - 90  
 Ellingworth, Ferne I - 88  
 Elliott, George G. - 90  
 Ellis, Lucy - 90  
 Fallon, Joseph - 93  
 Farwell, Clayton R. - 67  
 Fields, Irma G. - 99  
 Fleming, Betty S. - 84  
 Folsom, Betty J. - 80  
 Frederick, Daniel - 86  
 Futcher, E. Gladys - 96  
 Gardner, Martha E. - 95  
 Glinsmann, Gladys V. - 92  
 Gomez, Amanda - 82  
 Goodnight, Dailey - 89  
 Gulddhammer, David - 87  
 Gully, Doris E. - 76  
 Haldeman, Madelynn J. - 78  
 Hall, Ruth D. - 61  
 Hamilton, Edward N. - 93  
 Harris, Jr., E. Vernon - 78  
 Harris, Shirley J. - 82  
 Harrison, Mildred D. - 97  
 Haynes, Carol J. - 69  
 Heinbaugh, Joan L. - 72  
 Henry, Weiland A. - 81  
 Hewlett, Dorothy Margaret-86  
 Hoerler, Albert - 83  
 Hold, Ellen M. - 93  
 Hooper, John J. - 83  
 Hughes, Charles E. - 80  
 Jatko, Edna E. - 88  
 Johnson, Blanche M. - 94  
 Johnson, Golda May - 92  
 Johnson, Katherine - 86  
 Johnson, Mae P. - 79  
 Johnson, Ralph E. - 101
- Kappel, Patricia A. - 68  
 Keeler, Donald J. - 82  
 Kezer, Dolores Estar - 93  
 Kierstead, Hervey N. - 77  
 Kinder, Grace H. - 89  
 Krall, Paul F. - 79  
 Kuan, Linda C. - 78  
 Lake, Grace E. - 92  
 Leiske, Robert W. - 73  
 Lejniaks, Vally S. - 95  
 Lewis, Dixie - 73  
 Lloyd, Minnie L. - 72  
 Locken, Joseph J. - 76  
 Long, Leona M. - 95  
 Lovitt, Georgia Mae - 92  
 MacDonald, Fred M. - 86  
 Matthews, Thelma C. - 76  
 McBride, Andrew F. - 75  
 McClenaghan, James A. -98  
 McGregor, Norman - 83  
 McKay, Harold E. - 69  
 McLean, Amelia - 77  
 McRoy, David - 79  
 Meeker, Margaret - 95  
 Miller, Harold L. - 81  
 Miller, Jacob D. - 80  
 Mitchell, Leone - 89  
 Mitzelfelt, Edith V. - 85  
 Moss, Claiborne - 94  
 Munson, Harold W. - 84  
 Netteburg, Lyol H. - 90  
 Nolin, Frieda A. - 87  
 O'Brien, Darlene E. - 73  
 Olsen, Marguerite L. - 95  
 Olson, Boyd E. - 87  
 Opp, Theda Ebert - 84  
 Osborne, Thelma D. - 91  
 Paden, Cecil Allen - 88  
 Parker, Gracelynn - 93  
 Parker, Joseph - 68  
 Parrish, Bernard - 72  
 Patterson, John M. - 74  
 Peralta, Aurelia - 73  
 Perez, Pearl Owen - 88  
 Phillips, John Lee - 79  
 Philpot, Donald E. - 85  
 Pineiro, Efrain - 79  
 Pohle, William W. - 81
- Pouncey, Nita Jean - 76  
 Powers, Hazel M. - 83  
 Province, C. Lee - 73  
 Provonsha, Jack - 84  
 Putnam, Ben S. - 89  
 Quick, Agnes E. - 96  
 Randall, Geneva R. - 86  
 Rees, Melvin E. - 98  
 Reid, Verna Barclay - 77  
 Reinhard, Mary S. - 91  
 Reuter, Julia Stella - 93  
 Rich, Dorothy - 88  
 Rippon, May - 90  
 Robinson, Sylvia M. - 94  
 Root, Howard M. - 83  
 Russell, Janet - 76  
 Russell, Robert Lee - 77  
 Rustad, Gladys E. - 82  
 Ryder, Frances - 76  
 Sample, Melvin L. - 82  
 Schutter, Glenn J. - 72  
 Shull, Everett H. - 93  
 Siqueira, Jose N. - 87  
 Skender, Adolph J. - 89  
 St. Just, Edgar H. - 80  
 Stevens, Ernest W. - 91  
 Strang, Virgil R. - 76  
 Striplin, Eldwin W. - 89  
 Swan, Dolores G. - 86  
 Tooley, Melba G. - 70  
 Truesdale, Luther D. - 86  
 Turner, Margene B. - 86  
 Vallieres, J. Calvin - 93  
 Van Horn, James F. - 82  
 Vandervort, Ruth L. - 81  
 Vaughan, Pauline - 82  
 Ward, John Robert - 81  
 Waters, Dorothy M. - 85  
 White, Francis Elwood - 80  
 White, Major C. - 78  
 Wiggins, Ardith Loree - 63  
 Williams, Julian L. - 95  
 Willits, Gladys - 89  
 Wilson, Alice B. - 79  
 Wister, George D. - 78  
 Woltz, H. Lucille - 90  
 Woodall, Hermon N. - 94

# NAD Retired Worker's Convocation

August 10-14, 2005 – La Sierra University

## REGISTRATION FORM

Name: \_\_\_\_\_ Spouse: \_\_\_\_\_ Sp. Maiden Name: \_\_\_\_\_

Name(s) as you wish them to appear on your badge: \_\_\_\_\_

Address: \_\_\_\_\_  
City State/Prov. Zip

Home Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Special Needs:  
Physical - \_\_\_\_\_  
Dietary - \_\_\_\_\_  
Other - \_\_\_\_\_

In case of emergency, please contact: Name - \_\_\_\_\_ Phone - \_\_\_\_\_

Roommate (if not spouse): \_\_\_\_\_

Roommate's Address: \_\_\_\_\_  
City State/Prov. Zip

Roommate's Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

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**Registration Fee: Applies to all convocation attendees: \$22/person**  
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### CAMPUS HOUSING:

Angwin Hall (Women's Res. Hall) - Some rooms with semi-private bathrooms

Sierra Towers (Men's Res. Hall) - All rooms have A/C

Calkins Hall (Women's Res. Hall) - Many rooms have semi-private bathrooms

All rooms accommodate 2 adults and can be rented with linens or without. For those with mobility challenges, please specify need for first floor occupancy. Rooms to be assigned according to preferences, but on a first come first served basis. If you have a room preference or need, please be sure to get your reservation form in early.

**\*\*\*\$20 key deposit is required for each key and is payable upon arrival\*\*\***

Room Rates: \$25/night per room (single or double occupancy)

\$7/set linens (includes towel, washcloth, blanket & sheet set including pillow and case)

Please indicate your 1<sup>st</sup> and 2<sup>nd</sup> preference with regard to room assignment: \_\_\_\_\_ Angwin Hall \_\_\_\_\_ Sierra Towers \_\_\_\_\_ Calkins Hall

Special needs: \_\_\_\_\_

RV Space: \$10/night (Includes electric and water hook ups only. Dump station located nearby.)

Arrival Date: \_\_\_\_\_ Approx. Time: \_\_\_\_\_ / Departure Date: \_\_\_\_\_ Approx. Time: \_\_\_\_\_

Price/nt. \_\_\_\_\_ X # of nts. \_\_\_\_\_ = \_\_\_\_\_ Total Housing Cost  
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### OFF-CAMPUS HOUSING:

Off Campus hotel/host (friend/relative): \_\_\_\_\_ Phone: \_\_\_\_\_

A list of area hotels is available upon request. Please call (951) 785-2511 or email [tyler@lasierra.edu](mailto:tyler@lasierra.edu) for this information.  
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### TRANSPORTATION:

La Sierra University will offer transportation from the Ontario Airport only. Reservations are required at least 1 week (7days) in advance and can be made by calling: (951) 785-2511. A one way fee of \$25.00 per person is required in advance or at time of service. If you fly into Los Angeles (LAX), you will need to arrange for your own transportation (rental car, shuttle service or friends/relatives).

**MEALS:**

All meals to be served in the Campus Dining Commons and will be specially prepared for the NAD group, buffet-style. Meal cards must be purchased in advance to ensure proper amounts of food are prepared. Prices are as follows:

\$90.50/person: Full Meal Plan - (total of 12 meals – includes Supper on 8/10 through Breakfast on 8/14 as well as Banquet for Sunday Lunch, 8/14)

Per meal option: \$6/Breakfast  
\$7/Lunch  
\$8/Supper

\*Please note that although you may be able to purchase single meal tickets at the registration table, the Dining Commons staff prefers not to have to handle money at mealtimes. Please plan ahead and purchase whatever meal tickets you need in advance. Pre-purchasing them at the time of your registration and room reservations will be much appreciated.

**TOURS**

Tours will be offered by both La Sierra University and Loma Linda University. Schedule/costs are as follows:

*LSU Tour* – Friday, August 12, 3-4:30pm: LSU Tour Cost: None

To include: HMS Richards Library, World Museum of Natural History, San Pasqual Schoolhouse, Stahl Center, site of the new Thaine B. Price Science building currently under construction, Hamilton Terrace, Glory of God’s Grace Sculpture Plaza, and other campus sites.

*LLU/LLUMC Tour* - Sunday, August 14, 2-4:30pm Transportation Cost: \$5/person (The cost is only for those who need transportation, if you drive yourself, there is no cost for this tour.) \*Please note that transportation to the LLU/LLUMC Tour will be provided only if there is enough interest in this option.

**TOTAL COSTS**

Registration fee(s):		\$ _____
Campus Housing –	Room	\$ _____
	Linen	\$ _____
Meal Plan:		\$ _____
Transportation Costs -	Airport trans.	\$ _____
	Tour trans.	\$ _____

**TOTAL CONVOCAATION COSTS:** \$ \_\_\_\_\_

Name(s) of participants: \_\_\_\_\_

Method of payment (circle one):      Check    Cashier’s Check/Money Order    Credit Card

If paying by credit card, please supply the following:

Name as it appears on card: \_\_\_\_\_

Card #: \_\_\_\_\_      Expiration Date: \_\_\_\_\_

When you have completed this form, please mail it along with payment to LSU at:

Tracy Tyler, Property Management  
La Sierra University  
4500 Riverwalk Parkway  
Riverside, CA 92515

If you are paying by credit card, you may choose to fax the form to us at: FAX: (951) 785-2901

**FOR OFFICE USE ONLY**

Name(s): \_\_\_\_\_

Paid: \_\_\_\_\_ Date: \_\_\_\_\_

Arrival: \_\_\_\_\_ Departure: \_\_\_\_\_

Housing: \_\_\_\_\_ Meals: \_\_\_\_\_

Other: \_\_\_\_\_



## NEWS NOTES FROM MORT

Contributing Editor, Mort Juberg

**Kauma, Kiribati** ~ After 22 days adrift at sea, Kauma Adventist High School principal Tekemau Ribabaiti has been rescued. Ribabaiti was going from atoll to atoll soliciting students for the school. He was in a four-meter aluminum dinghy when he was picked up by a foreign fishing vessel.

**San Bernardino, California** ~ The struggle to save infants who require neonatal intensive care was made much easier by a successful fundraiser. \$380,000 was raised for the Loma Linda Children's Hospital Foundation at the 12th annual gala. Brad Paisley, a country music singer, entertained. Derek Patra, Olympic champion speed skater, was the master of ceremonies.

**Silver Spring, Maryland** ~ Donald R. Sahly, president of Southwestern Adventist University, has accepted an invitation to head Home Study International and Griggs University. The schools provide independent study and distance education from pre-school to higher education. Sahly has spent 38 years as an

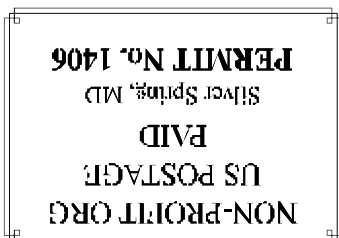
Adventist educator in the United States and Asia.

**Ulan Bator, Mongolia** ~ The president of Mongolia recognized the work of ADRA with the presentation of the Friendship Medal. This award is given to foreigners who have made a significant contribution to the welfare of Mongolians. ADRA has provided development and relief work in the country for the past 10 years.

**Silang, Cavite, Philippines** ~ The Adventist Church has launched a new feeding program in San Miguel to help undernourished preschool children. The two-month feeding and training program is aimed at improving the health of the community.

**Berrien Springs, Michigan** ~ Andrews University has received a collection of 2,000 items from the Review and Herald Publishing Association offices in Hagerstown, Md. The collection of rare books, tracts, periodicals and early advent charts was started in the mid 1800s by James White.

**Source: Adventist News Network**



General Conference of SDA  
NAD Retirement Plans  
12501 Old Columbia Pike  
Silver Springs, MD 20904-6600

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