

Reflections

A newsletter for beneficiaries of the NAD Retirement Plans of the SDA church.

The Master's Hands

Sharon Kuykendall, NAD Retirement Plans

2004 November Issue

Echoing off the ancient stonework of a deserted Venice street at dusk, the notes of Mozart's Rondo from "A Little Night Music" wash over closed storefronts. Shifting my attention from the water taxis zipping past on the Grand Canal, I follow the unearthly sounding music, trying to locate its source.

Where is it coming from? The open doors of an old church, with a concert in progress? Maybe the sound system from one of the many shops, trying to entice a few last tourists in to see their wares. No. Instead I turn a corner and find a small group of people listening to one of the many itinerant musicians who use the streets of this romantic Italian city as their stage.

What surprises me is his choice of musical instrument. Russian musician Igor Sklyarov is deftly performing favorites by Mozart, Schubert, Bach, Strauss, Boccherini and others on a glass harmonica. Delicate, complicated passages are made even more ethereal and beautiful by the fragile water filled glasses he coaxes them from.

Invented by Benjamin Franklin, the instrument is actually a group of quartz wineglasses filled with different levels of water, each producing a different tone when rubbed by a fingertip. Almost extinct now, the glass harmonica produces music so haunting and peaceful that Franklin firmly believed it capable of healing certain

ailments such as depression and melancholy.

Instead of dwelling on the laws of physics that explain how this all works, I watch the effect the beautiful music has on the other listeners standing around me. The expressions of joy and delight I see, as the songs weave their magic, make me wonder at the creativity and insight it took for someone to look at what most of us would see as part of a table setting and turn it into something so much more special and powerful.

Buying one of the CD's that every modern street musician now seems to have for sale, I continue down the darkening alleyways toward St. Mark's Square. Passing window after window full of sparkling glassware, I wonder if we aren't all a lot like those empty goblets, content to perform the expected, mundane tasks every day, but capable of wonderful, extraordinary and unexpected feats if put in the hands of that special Someone who sees our true potential.



Bulletin Board

If you don't read or keep anything else -- read and keep these items!
 Checks/EFT Release Schedule for 2004: November 26, 2004

NEWS NOTES FROM MORT



Contributing Editor, Mort Juberg

Baghdad, Iraq ~ A car packed with explosives was detonated outside the Baghdad Adventist Church. It happened on a Friday night when only a night watchman was present and he escaped unhurt. The car was parked on the side of the building adjacent to the church vestry. The ensuing fire gutted the vestry and an electrical storeroom. Most of the windows in the main worship area were blown in.

Miami, Florida ~ The spate of recent hurricanes devastated Jamaica, the Cayman Islands and Grenada according to reports received at the Inter-American headquarters. In Jamaica 120 church buildings were flooded. The Adventist University was closed for a week when the chapel roof was damaged and electricity was cut off. The impact of Hurricane Ivan in Grenada resulted in the destruction of the island's two schools and half of the 17 church buildings. Ten of 11 churches on the Cayman Islands sustained damages.

Gonaives, Haiti ~ The death toll has risen to more than 1,500 from Hurricane Jeanne, including six Adventist church members. The recently inaugurated church office for northwest Haiti suffered intense damage as the downpour covered the first floor of the building soaking computers, furniture and other equipment. In the neighboring country of the Dominican Republic some 400 families lost household goods and 50 families were left homeless.

Eldoret, Kenya ~ Developing a new generation of church leaders is high on the agenda for the church in East Africa. A joint program of the University of East Africa Baraton and Andrews University has resulted in 62 Masters of Science in Administration degrees being granted. The candidates came from throughout Africa. The degree program is tailored for both part-time and full-time students.

Manila, Philippines ~ A three-day government sponsored seminar has led to the accreditation of 28 Adventist pastors and church workers as trainers for healthy lifestyle programs in the Philippines. The government's Department of Health sponsored the seminar. The Adventist church is the only active religious body that promotes healthy lifestyle the department works with.

Washington, D.C. ~ At a time when world leaders are focusing their attention on a looming genocide in the Darfur region of Sudan, a soft spoken Adventist pastor, Carl Wilkens, told an audience of congressional staffers and human rights advocates that standing against the 1994 genocide in Rwanda was the right thing to do. He added a plea for a more civil tone in society contending that even jokes that disparage others can be a portent of civil strife and even genocide.

Source: Adventist News Network



Journaling from Jack

Contributing Editor: H Jack Harris

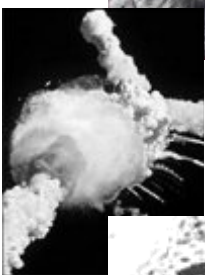
My dad had a favorite question to ask when he met a friend he hadn't seen in some time. He would tilt his battered cowboy hat back on his head and say "What do you know for sure?" It was a question designed to get his friend talking and discussing the latest news of the day. So, what do you know for sure?

How often we have some pretty certain and solid opinions about what is taking place. We are sure that what we see and know is right and that the future will validate our convictions. History raises its authoritarian voice and says "wait till you hear my side of the story."

"What do you know for sure?" Back in 1948 Israel was declared a state in its own right and it would bring peace to that sector of the world. Likewise in 1991 the fall of the Iron curtain was triumphed as being an end to old enmities. But we now know that strife between Jews and Arabs is as bad as ever, maybe even worse. The Soviet Union is still having problems that seem to go on and on forever.

Think back with me to July 20, 1969. Your eyes were glued to the TV set as Neil Armstrong set foot on the moon. It was "one small step for man kind" and we were led to believe Pan Am would soon be carrying vacationers to the moon and beyond.

Who would have believed back then that when 2004 rolled around there would still be no vacationers on the moon-and, no Pan Am. Or open any major news magazine in August 1979. "Ayatollah Khomeini seized power in Iran. threatening radical, anti-Semitic, anti-American Islamic emotions and fears.



Over the next decade American Presidents, anxious for a counter force to Iran's, gave diplomatic, financial and military assistance to the "secular, "modernist" regime of Iraq's Saddam Hussein. By 1990, with Saddam in Kuwait and threatening the Saudis, the US realized the error and dispatched half a million troops to help free Kuwait from the grip of Iraq.

We knew "for sure" Muslims would be grateful when we rescued them. Instead we got Osama bin Laden's homicidal fury at the "desecration" of the holy lands by "infidels" that has led to escalating terror against all things western." Time magazine, March 31, 2003.

And who knew "for sure" when the Soviet Union invaded Afghanistan, that freedom fighters who had triumphed with the aid of US supplied Stinger missiles would just a few years later be a burr under the Taliban's saddle and turn that nation we tried to save for peace into a staging area for al-Qaeda?

So what do you know for sure? Job made the comment, "For we are but as yesterday, and know nothing, because our days upon the earth are as a shadow." Job 8:9 and again he said, "Know therefore that God exacteth of thee less than thy iniquity deserveth." Job 11:6

David advised us to, "know ye that the Lord, He is God. It is He that hath made us ... we are sheep of His pasture." Psalms 100:3; Matthew 24:42 cautions us to, "watch therefore: for ye know not what hour your Lord doth come."

And best of all, "we know that all things work together for good to them that love God." Romans 8:28. And that, dear friends is what we know for sure.

NEW RETIREES - 3rd Quarter
- 2004

Ada, Thelma K.
Adams, Carolyn A.
Ames, Glenda R.
Anderson, Benjamin F.
Anderson, Faye L.
Baer, William G.
Baker, William A.
Barker, Grover T.
Barton, Jeanette B.
Beal, Orville C.
Bennett, Paul W.
Bichard, William D.
Bobst, Richard L.
Boggess, Alyce D.
Boyington, Virginia A.
Bradshaw, K. Elaine
Brayley, Irma J
Bright, Timothy A.
Brockman, Earley A.
Brooks, Deloris S.
Brown, Anna B.
Brown, Stanley A.
Butler, Elizabeth
Buursma, Charles H.
Cage, Corinna P.
Canaday, Lois Y.
Cardoso, John M.
Chatfield, Rhonda C.
Chough, Soon-Im
Claflin, Emma J.
Clendenon, Harley
Coffen, Richard W.
Colburn, Carole J.
Coleman, Patricia L.
Colon, Joseph A.
Conley, Lavonne M.
Coomes, Timothy G.
Darnell, Wayne M.
Darner, Naomi E.
Dennis, Robert E.
DeVault, Joyce E.
Dolney, Rachel
Franz, Norma L.

Frazer, Jean L.
Frazier, Joyce A.
Garaza, Fenina A.
Gilbert, Joanne L.
Gilbert, Theodore R.
Gray, Barbara Etta
Gray, Gary Lee
Hall, Neil E.
Harp, Doyle C.
Harrington, Lynne E.
Hawk, Audrey E.
Henderson, Solange C.
Hendricks, Nadeen N.
Hernandez, Eliseo
Hill, Verna T.
Hoag, Clarence J.
Hoekenga, Carole A.
Hospedales, Andrew P.
Huff, Wynelle J.
Ingelse, Jeanette
Jacobus, Rose Mary
Johnston, Patricia K.
Jordan, Marilyn J.
Juarros, Betty Jane
Justin, Melvin
Kaping, Richard L.
Kennedy, Naomi R.
Khan, Mehbub M.
Kihlstrom, Joan
Kim, Myung H.
Kim, Seunghee Gladys
Kissinger, Waldemar
Kravig, Alma L.
Krueger, Arlo A.
Laughlin, Shirley A.
Lee, Frederick Milton
Lewis, Rayburn W.
Lobo, John S.
Mabaquiao, Purificacion B.
Mack, Gay Ann
Maher, Thomas E.
Mallery, Frank Lynn
Martin, Donald R.
Matney, Joanne G.
Mayang, Emely R.
McArthur, Marilyn L.

McBeth, Keith L.
McCall, Clark B.
Merrills, Robert L.
Miller, Frances S.
Morales, Sara
Morgan, Charlie Jo
Morris, Colin -
Nassar, Margaret
Neigel, Jr., Frederick A.
O'Sullivan, Arlene G.
Olsen, Allen J. -
Palmer, Elaine K.
Passmore, Rosemary
Pflum, Nancy
Pieroni, E. Gail
Pottle, Frederick N.
Powers, Bruce D.
Rilea, Robert C.
Robertson, James D.
Rowland, Sattley Clark
Ruddle, Raymond D.
Russell, Joy M.
Segar, James Henry
Segar, Mary Lou
Segui, Obdulio
Serpa, Herma
Shobe, Joyce I.
Skantz, Ronald J.
Smith, Wendell C.
Stenbakken, Richard O.
Taylor, Doris F.
Tetz, Leland R.
Thomas, Jocelyn B.
Thompson, Barbara
Thompson, Charles E.
Thorn, P. Joye
Torkelsen, Caroline R.
Trimm, Benjamin Y.
Tsuji-mura, Roland K.
Venis, Lee W.
Wallen, Ernest A.
Ward, Jr., William F.
Wheeler, George W.
Wibe, Elizabeth C.
Wilkins, Rebecca Montagne
Wilson, Kenneth W.
Wilson, Sr., Leeman E.

Wilson, William J.
Wittenberg, Merlin M.
Wood, Robert F.
Woodruff, Stanley
Wooten, Lyle
Wright, Jacqueline M.
Wright, William R.
Young, Jr., Joseph R.
Young, Marion B.
Young, Pencie

**RECENTLY DECEASED - 3rd
Quarter - 2004**

Abbott, Martha Jane - 84
Adkins, Ronald R. - 76
Allston, Thomas G. - 87
Balsler, Ruth W. - 93
Barr, Marjorie - 86
Beasley, Noah W. - 77
Beeman, Earle C. - 88
Binder, Alma - 92
Bishop, Mary P. - 97
Boyer, Adelle - 88
Brackley, Richard - 68
Bretsch, Opal May - 76
Brodeur, Emile A. - 87
Camara, Mary C. - 87
Cancino, Henry J. - 74
Carmichael, Alveria S. - 77
Chambers, Helen - 90
Chang, Tai (Amy) Ching - 77
Chickering, Charlotte - 66
Christensen, Charles Lowell - 75
Coffee, John G. - 82
Cohen, Arnold - 75
Cohn, Barbara L. - 81
Cossentine, Shirley F. - 81
Craig, Charles R. - 90
Cross, Era P. - 86
Denney, Loletta M. - 96
Dixon, Dreadsie James - 98
Doma, Marcelina V. - 74
Dragon, Anestine - 80
Dybdahl, Gerhardt L. - 87
Earl, Alma - 85

Ellingworth, Brian L. - 90
Engelbert, Kenneth L. - 95
Fleming, Betty - 86
Fletcher, Leslie Eugene - 76
Franz, Joyce R. - 83
Fulgham, Edith - 91
Geer, Gordon A. - 89
Graves, Esther M. - 79
Gravino, Luz Porras - 85
Gray, Irving E. - 76
Greiner, Robert W. - 84
Grounds, Lavere M. - 93
Harter, Lloyd G. - 97
Herber, David - 86
Herdman, Gerald G. - 74
Hillegas, Margaret - 93
Hinman, Dorothy - 84
Hoehn, Elizabeth M. - 83
Holmon, Alberta - 71
Hoover, Trevor - 71
Huether, Kenneth - 73
Huff, Eva Lynne - 75
Hunt, Lawrence G. - 76
Johnson, Ruth J. - 76
Johnson, Vera Mae - 91
Jones, Barbara A. - 67
Jones, Marianna B. - 72
Jorgenson, Violet - 83
Kathka, Eunice S. - 88
Kerr, Dorothy - 85
Krogstad, Norman L. - 82
Lancaster, Effie S. - 91
Lasher, Lydia G. - 84
Leeds, Velma L. - 84
Libby, Jane A. - 89
Lincoln, Eugene - 80
Lindsay, Shirley - 75
Liske, Marjorie - 70
Lucas, Almon Wendell - 75
Machin, Maria D. - 88
Markin, Alma B. - 91
McClellan, Estelle S. - 90
Meissner, Henry - 94
Meyer, Florence M. - 95
Mock, Ferman D. - 72
Moncrieff, Bettie J. - 84
Morgan, Muriel E. - 83

Morley, Idamae D. - 98
Mouzon, Frances D. - 89
Oliver, Betty L. - 75
Page, Thelma Irene - 75
Palitang, Amando B. - 94
Phillips, Muriel A. - 89
Randall, Ethel May - 84
Rao, David M. - 83
Rogers, Elizabeth - 104
Rogers, George D. - 75
Rohloff, Walter - 81
Ryder, Allen D. - 72
Salud, Rosita R. - 68
Sanchez, Abner Ann - 102
Show, Ruth E. - 85
Sjoren, Gunnar - 84
Smith, Lillian - 88
Sniegion, F. Audrey - 80
Stewart, Lola E. - 94
Stotz, Letty - 81
Tate, Wanda R. - 78
Tenbrook, Forrest D. - 78
Townsend, Clarence G. - 89
Tsao, Geneva - 81
Turner, Margaret Anna - 91
Ulmer, Victor A. - 79
VanSanford, Edward L. - 88
Von Stiegel, Jack W. - 75
Warner, Irene A. - 95
Way, Ella M. - 77
Weichert, Paul M. - 92
Wellman, Kathryn H. - 95
Wernick, Louise W. - 83
West, Florence A. - 85
Whitten, Willie C. - 92
Wood, Marcedene V. - 90



Send comments and suggestions to: Sharon Kuykendall, Editor, *Reflections*, 12501 Old Columbia Pike, Silver Spring, MD 20904-6600 Email: sharon.kuykendall@nad.adventist.org
Website: <http://www.nadadventist.org/ret>

ARM 1-800-447-5002 Healthcare Claims Queries
ARM Email address: RetireeHealth@adventistrisk.org
Submit medical claims: ARM, PO Box 4088, Silver Spring, MD 20914
Medco Health 1-800-841-5396 Verify pharmacy participation with Medco Health
Jack Harris 503-255-8565 President, NAD Retirees Association— 15530 NE Knott #48,
Portland, OR 97230 Email: Hjackharris@cs.com

Payroll 1-888-838-8955 Bulletin Board of **Payroll**Information
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Phone: (301) 680—

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Payroll Email: Payroll@nad.adventist.org
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November Issue 2004